

The **Riverside Gun Club** in conjunction with **Code 1 Training Solutions** is offering a First Aid/Cardiopulmonary Resuscitation (CPR)/Automated External Defibrillator (AED) course.

Date: 18 February 2018
Time: 10:00 AM – 3:00 PM

Code 1 Training Solutions is an American Heart Association (AHA) Training Center, Code One is authorized to instruct all training programs the AHA offers.

Heartsaver First Aid CPR AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives.

Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use.

The Heartsaver First Aid CPR AED course teaches how to recognize and treat sudden illness and injury in Adults, Children, and Infants; how to provide CPR; and how to use an Automated External Defibrillator.

Course topics include:

- Medical emergencies including allergic reactions, heart attacks, stroke, seizures, and diabetes
- Injury management including bites and stings, bleeding control, and splinting
- Environmental emergencies such as heat stroke and hypothermia
- Relief of choking
- CPR AED for adults, children, and infants

This course appropriate for members of the community who want to be prepared in the event of a cardiac emergency or serious life-threatening emergency.

The cost for this course is \$125. The fee includes all instruction and materials (first aid materials, pocket masks and American Heart Association certification cards) and the Heartsaver First Aid CPR AED student manual

Pre-registration is required. Space is limited.

To register, email bmcdonough@riversidegc.org